

# Midwest Social Emotional Learning in Schools Summit

Join national, regional and local practitioners to learn how students are gaining skills to understand and manage their emotions in the learning space.

Day 1 | Monday July, 23

Keynote | 8:30am - 9:45am

## Social and Emotional Learning: From Programs and Practices to Systemic Change

**Marc Brackett** Director of the Yale Center for Emotional Intelligence



Emotions matter. They inform our thinking, decisions, creativity, relationships, mental and physical health, and everyday performance. How wise we are about our emotions is especially important.

In this presentation, Marc will discuss the Center's large-scale studies on the role of emotions and emotional intelligence in key outcomes for students, teachers, and leaders. He will also share tools and strategies on his whole-school, evidence-based approach to social and emotional learning, RULER, which has been adopted by over 2000 schools across the U.S. and around the world.

A particular focus will be on why a systemic approach to social and emotional learning leads to better outcomes, including reduced aggression and bullying, more effective leading and teaching, greater academic achievement, and more positive classroom and school climates.

Breakout Sessions | 9:55am - 10:55am

## Unlocking SEL in the Intermediate and Middle Grades

**Paul Solarz** Classroom Teacher



Discover the 5 core elements of our Social Emotional Learning model currently in place in our 5th grade classroom. Within each element, I'll share ideas, resources, and helpful strategies that will enable your students to become more empathetic & caring individuals, leading to a more collaborative classroom environment.

## Early Childhood SEL

**Cathy Tantillo** Early SEL Trainer, former Pre-K and early grades teacher



In this session, participants will learn how to build a Cool Down Corner and use Social Emotional Learning Strategies to help children focus on learning, manage their stress, and regulate their behavior through structured activities. Teachers will participate in calming and energizing activities such as breath work and yoga. Whole group and partner activities will also be introduced. These activities are practiced in a classroom setting to build a sense of community and peer to peer relations. Teachers will leave this session with a variety of self awareness and social awareness activities.

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## Get in the Zone: Being Present and Self-Aware for Teachers & Students

**Brian Hastings** Principal Conway, NH

**Emily Hastings** Middle School Teacher, Wolfeboro, NH



Students need to be self aware to be “In the Zone” and ready to learn. Staff need to practice self awareness too. A building principal will share his thoughts and strategies for staff to model these practices. And a 5th grade teacher will take that into the classroom and share practices that she uses with her students.

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## Trauma-Informed SEL Practices and Teacher Self-Care

**Lara Veon** Body-Inclusive Psychotherapist, The Breathe Network, Skokie, IL



Emphasizing the importance of educating students with a trauma-informed approach, this session will include the following: the definition and consequences of trauma and an introduction into the neurobiology of trauma, as well as tangible tools for implementing yoga, mindfulness and SEL through a trauma-informed lens.

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## Administrator Panel: How We ‘do’ SEL

**Speaker TBD** More information to come

Administrators set the tone and the agenda for staff and students, inspiring a positive growth mindset for all. Come hear school leaders share stories of success in their schools, as well as important lessons learned from challenges and pitfalls.

## Personalized Learning and Social Emotional Learning: Two Sides of the Same Coin

**Jin-Soo Huh** Executive Director of Personalized Learning at Distinctive Schools

**Mike McCarthy** Executive Director of Specialized Services at Distinctive Schools



Two of the biggest buzzwords in education right now are “personalized learning” and “social emotional learning.” This session will explore how these two ideas are intertwined and how it is impossible to do one without doing the other. Distinctive Schools will share how these two ideas are incorporated into their school models and how the support team collaborates. Participants will do a self assessment of social emotional learning and personalized learning in their classrooms/schools and create a game plan to bring these two area closer together.

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## Working with Parents to Build Social Awareness and Student Agency

**Kay Douglas** Senior Consultant, Texas Association of School Boards



Efforts to build social awareness and agency in our students must be supported and reinforced by the adults around them, including parents, teachers, administrators and school board members. In order to develop educational communities where everyone learns to set learning goals, self-assess, manage emotions and respond to the social environment, we have to share the research and the results. This session will look at ways that communities are doing just that.

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## Slow and Steady Wins the Race: Building Sustainable SEL Practices Across Your District

**John Steach** Superintendent Evergreen Schools, WA



Discover how a district’s quest for “No Dropouts” ignited a passion for equity. Over three years, Evergreen’s poverty/equity initiative has resulted in changes to district services, discipline, attendance policies, fees, technology, start times, and more. Evergreen now has Board Results Policies including a section on Social & Emotion Development with performance measures driving district action. We will share grassroots strategies and modeling approaches to build a solid foundation for student social and emotional development.

## Taking Care of You: Self-Care for Today's Educator

**Erika Haaland** SEL Specialist, Mindful Practices



Summer is the perfect time to Pause, Own It, and Practice your own Self-Care regime. As educators, we give AND give. But, as we all know, we cannot give what we do not have. Now it's time to take care of Y-O-U! In this session, we will engage in relaxation, breathing, and yoga exercises to help recharge and renew. Educators will walk away with self-care strategies to manage stress and prevent compassion fatigue.

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## Trauma-Informed SEL Practices and Teacher Self-Care

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## Panel Discussion: Finding Funding for your Innovative SEL Work

**Joe Anderson and Peter Price**



Joe and Peter share strategies about how to find funding sources and write compelling proposals to garner the attention of evaluators. They'll also address documenting and measuring SEL success so your school or district can fulfill required reporting without making those reports a full-time job.

Lunch | 12:15pm - 1:00pm

## SEL Implementation in Secondary, Post-Secondary & Beyond

**Peggy Collings** Roosevelt University

**Peter Kahn** Oak Park River Forest High School

**Kristina Peterson**

**Tom Phillon**



Social-Emotional Learning can be so much fun for the little ones, but how do we continue the self- and social learning for older students and adults? In this session we describe and experience successful elements of SEL programs for high school and beyond. Through social engagement and self-reflection, we can, and we must, provide opportunities for social-emotional growth...even for those who may feel they're all grown up!

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## Intersection of SEL and Arts: Where Creativity and Expression Meet

**Jordan LaSalle** Kennedy Center, D.C.

Opportunities in the Arts can be the perfect vehicle for students to tap into their self- and social awareness. Arts instruction through a Social-Emotional Learning lens is key in fostering student creativity and expression. By connecting SEL and the Arts, students are given the tools to find their voice within their community.

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## Panel: Building Sustainable SEL and Mindfulness Practices in Communities Plagued by Opioid Addiction

**Brian Hastings** Principal Conway, NH

**Carla Tantillo Philibert** Founder, Mindful Practices



What can the school do to help students who are worried about their caregivers' opioid addiction? What can coax them to concentrate and be cooperative? Brian and Carla walk through the steps that brought mindfulness to Conway Elementary School.

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## SEL and Equity Integration

**Karen VanAusdal**

**Ruth Cross**



Karen VanAusdal and Ruth Cross from CASEL will share the synthesized research of schools, districts and organizations, CASEL's own research findings and spotlighting recent research for Social-Emotional Learning and Equity Integration in schools and related programming for students.

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## The Architecture of SEL for All

**Darla Caughey** SEL Specialist, Austin ISD

**Peter Price** Director of Social and Emotional Learning and Multi-Tiered Systems of Support, Austin ISD

Discover how Austin ISD is reinventing the urban school experience with an SEL toolkit. We will explore the bridges between SEL and our commitment to creating safe, inclusive, culturally responsive, academically engaging, and equitable learning environments for all learners.

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## One School District's Approach to Social-Emotional Learning

**April Capuder** Principal-Gwendolyn Brooks Middle School

**Lauren Olsen** District 97 Middle School Culture & Climate Coach

**Susan Mura** District 97 Social Worker

**Dr. Carrie Kamm** District 97 Senior Director of Equity

**John Williams** Director, Youth Services, Oak Park Township



A team from Oak Park SD 97 and Oak Park Township will share the programs they have initiated to facilitate Social-Emotional Learning in their schools using Second Step, HERO in the Middle School Programs, Restorative Practices using circles.

## That First Step: Simple Ways to Strengthen SEL in Your District

**Daniel Wolf** Instructional Resource Specialist, Woodridge District 68



The need for social-emotional learning in schools is evident more than ever. Find out the steps Woodridge School District 68 is taking to strengthen SEL in its classrooms. What might your first step be?

*Relax and  
enjoy Chicago!*

# Midwest Social Emotional Learning in Schools Summit

Join national, regional and local practitioners to learn how students are gaining skills to understand and manage their emotions in the learning space.

Day 2 | Tuesday, July 24

Keynote | 8:30am - 9:45am

## The Promise of Practice: Data-Driven, Diagnostic SEL in Today's Schools

**Carla Tantillo Philibert** Founder, Mindful Practices



The promise of Social-Emotional Learning is that it can empower students with the life-long learning tools to be present and ready to learn. Sadly, the practice doesn't always meet the promise. The challenge to authentic integration is building teacher capacity while answering questions like, "Will I be evaluated on this?," "Isn't this the social-worker's job?," and "How can I assess student mastery?" By looking at data we can begin to answer these difficult questions, shift the naysayer's narrative and deliver on the promise of the practice.

Breakout Sessions | 9:55am - 10:55am

## Taking Care of You: Self-Care for Today's Educator

**Stefanie Piatkiewicz** Lead SEL Specialist, Mindful Practices



Summer is the perfect time to Pause, Own It, and Practice your own Self-Care regime. As educators, we give AND give. But, as we all know, we cannot give what we do not have. Now it's time to take care of Y-O-U! In this session, we will engage in relaxation, breathing, and yoga exercises to help recharge and renew. Educators will walk away with self-care strategies to manage stress and prevent compassion fatigue.

## CPS + SEL + Equity: The Vision for 2018-2019

**Roshaun Bowens** SEL Instructional Specialist

**Ben Thullen** Network 3 SEL Specialist

**Claire Shu**



Chicago Public Schools will share their vision for SEL- including practical tools for schools and a review of the research on SEL + equity that has informed their work.

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## Tools for Building Sustainable SEL

**Lisa Xagas** Director of Student Services, Naperville D203

**Dr. Christine Igoe** Asst Superintendent for Student Services, Naperville School District 203



Developing social-emotional learning (SEL) skills in students requires systematic district wide implementation. Join us to explore how one district built a comprehensive plan that includes explicit instruction, systematic integration of skills into content, unique professional learning structures, parent engagement and integration of principles and practices across district initiatives. Participants will leave with strategies and resources to use in their districts.

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## #Data-Driven: Evidence-Based SEL Practices Meet Tech

**Kiljoong Kim** Policy Analyst, Chapin Hall at the University of Chicago

**Rob Philibert** Technical Director, Mindful Practices



Where are you data-rich, and where are you data-poor? How do you measure Social-Emotional Learning? We will take a look into an online tool for students and teachers to self-assess their readiness for instruction and offer tailored, evidence-based SEL strategies.

## Panel: Keeping it Real: Problems of Practice

**Dr. Sherry Grate** Westfield, IN SD, Superintendent

**Carlos Patiño** Bensenville, SD

**Cara Kranz** Head of East Campus, The Ogden International School of Chicago



More information to come.

Breakout Sessions | 11:05am - 12:05pm

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## The Work Behind Keys 5 (Differentiation and Enrichment) and 6 (Collaborative Teams) of “Seven Keys to a Positive Learning Environment in Your Classroom” and the Impact of these in SEL

**Tom Hierck** International Educator, Presenter, TED-X Presenter, Vancouver BC



This session will dive into the work behind Keys 5 (Differentiation and Enrichment) and 6 (Collaborative Teams) of “Seven Keys to a Positive Learning Environment in Your Classroom” and the impact of these in SEL. Participants will learn how the effective use of data can minimize both academic and behavioral challenges among students and collaborative practices that can establish common student expectations across classrooms.

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## Namaste Kiddos! A Fun Look at Yoga, Mindfulness and SEL in the Classroom

**Lily Balogh** SEL Specialist

Working with growing minds allows you to affectively shift your students into a positive and calm direction, except in some cases when there's no outlet for creativity; students may then seek negative alternatives. Finding a balance between educating and making it memorable, unique and engaging allows students to cultivate awareness about themselves and their world. The implementation of Yoga, Mindfulness and SEL provides teachers with a foundation to build positive relationships with students and help further cultivate student self-awareness, self-regulation and interpersonal skills.

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Lunch | 12:15pm - 1:00pm

## Intentional Movement: SEL, Laban and Brain-Compatible Dance & Yoga

**Stefanie Piatkiewicz** Lead SEL Specialist, Mindful Practices



Mindful Practices will provide an interactive and integrative yoga and creative dance art session, combining Social-Emotional Learning (SEL) competencies with dance/movement theorist Rudolf Laban's Taxonomy of Human Movement. Participants will intentionally build upon their SEL work by making connections to their emotional and body awareness, and how they relate to different dance concepts, such as space, time, and force, as well as to Brain Compatible Movement.

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## An Apple a Day: The Intersection of SEL & Wellness

**Allison Slade** Founder, Namaste Charter School



When we use the word "wellness" in schools, we often resort to conversations about physical wellness including a focus on health, nutrition and physical fitness. However, wellness in schools has a third, often overlooked component — socio-emotional health. Learn how crucial integrating socio-emotional learning into a classroom is in order to create a well-rounded, whole child.

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## Slow and Steady Wins the Race: Building Sustainable SEL Practices Across Your District

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Discover how a district's quest for "No Dropouts" ignited a passion for equity. Over three years, Evergreen's poverty/equity initiative has resulted in changes to district services, discipline, attendance policies, fees, technology, start times, and more. Evergreen now has Board Results Policies including a section on Social & Emotion Development with performance measures driving district action. We will share grassroots strategies and modeling approaches to build a solid foundation for student social and emotional development.

Closing Keynote | 2:15pm - 3:30pm

## 7 Keys to a Positive Learning Environment in Your Classroom

**Tom Hierck** International Educator, Presenter, TED-X Presenter, Vancouver BC



This closing keynote presentation is about building trust in relationships. It is based on the premise that we make a difference in the lives of students by creating a positive school climate that is conducive to collaborative learning for all. It is one thing to say that we should be part of a learning community, but it is another thing to translate that into action.

Creating a positive classroom-learning environment is a complex but necessary task for all educators. By fully realizing the 7 Keys teachers can establish clearer expectations, enhance instruction and assessment practices, and foster quality relationships with students, thereby maximizing the potential of all students.

The adaptations and accommodations we make for individual differences, at both the low and high end of the spectrum, create opportunities for success for all students. This is what school is about: all students learning and growing.