

Increasing Academic Rigor by Prioritizing SEL Featuring Janet Moore

While many schools have implemented Social-Emotional Learning (SEL) programs and curricula, teachers often struggle to make SEL connections during academic classes. Many teachers feel that an emphasis on SEL takes away from valuable class time and lowers expectations of academic rigor in the classroom.

However, nothing could be further from the truth. A classroom that prioritizes SEL during academic learning actually empowers students to perform at higher levels of rigor by teaching them to recognize and manage the stress that would normally hold them back.

In this session, participants will:

- Learn about the impact of stress on the human body and brain and the effect that can have on student ability to process information
- · Reflect upon examples of SEL impacts during academic experiences
- Explore several strategies for identifying and addressing that stress response in students during academic activities

Who Should Attend: Teachers, Teacher Coaches, Curriculum Directors, Teacher assistants, Administrators

6 Professional Development Hours 3 hours on-line and the additional 3 hours of content is further investigation/reflection/planning with the resources provided. Live On-Line
March 24, 2021
9 am to 12 Noon
6 PD Hours
Also recorded,
available for 60 days



Janet Moore is passionate about encouraging students to be curious, inspiring them to explore, and empowering them to experience success in mathematics and science. After teaching mathematics at Bureau Valley High School, Janet Moore became Lead Flight Director of the Challenger Learning Center in Bloomington, Illinois where she led students on simulated space missions, developed STEM curriculum materials, and provided professional development for teachers



Name on Card

Increasing Academic Rigor by Prioritizing SEL March 24, 2021, 9 am - Noon - On-line

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Total Registration Fees \$				Approved Provider: #24595	
Registration deadline is March 17, 2021. A \$15.00 fee will be charged for cancellations made in writing prior to the deadline. No refunds will be given after the deadline. Confirmation will be sent				How to register:	
via e-mail after your registration is processed. Registrations can be transferred to another individual by faxing information to 309-438-5364 or by emailing dscowde@ilstu.edu				Use your Visa, MasterCard, Discover, or can Express card at www.lllinoisascd.org	
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