

Fostering a Trauma Sensitive Learning Environment

with Kristin Souers

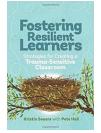
February 19, 2020 Administrator Academy #1374

Childhood trauma is real, and it is more prevalent than we might believe. In this engaging, relevant and practical session, learn from childhood trauma expert Kristin Souers (co-author of the best selling and award winning Fostering Resilient Learners: Stratgies for Creating a *Trauma Sensitive Classroom* – ASCD 2016) about the importance of incorporating trauma-invested practice in the school setting." Incorporating research, building a common vocabulary, and exploring the impact of stress on the brain development begins our exploration. And because we're in a service-oriented profession and continuously look outward to help others, we'll turn our lenses around to build self-awareness, investigate the power of relationship, examine our belief systems, and embrace the concept of grace as we collaboratively build a Culture of Safety for our students, families, staffs, and communities. If we're going to be good to others, first and foremost we've got to be good to ourselves. This session is rich with strategies and approaches to do just that...so we can foster resilient learners

PARTICIPANT OUTCOMES

1. Participants will deepen their understanding of key vocabulary and research around childhood trauma, the effect of toxic stress on brain development, and the need for us to create a #TraumaInvested learning environment.

2. Participants will embrace the need to build self-awareness and tend to their self-care in order to be primed and ready to effectively support their students and children.



This Workshop is based on Kristin's best selling book. Pre-order a copy on page 2



Kristin Souers

As an independent consultant, adjunct faculty member at the Gonzaga University School of Education in the Counselor Education Department, and the assistant director of the Washington State University Child and Family Research Unit. Souers now provides crucial professional development, consultation, education, and training services to schools, school districts, and organizations throughout the country. She has presented to hundreds of audiences, facilitated group learning, supervised internships, directed programs, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.

Bobak's Signature Events 6440 Double Eagle Dr. Woodridge, IL 60517 8:30 a.m. - 3:00 p.m. Registration Includes: Six Professional Development Hours, AA, Continental Breakfast, & Parking

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Fostering a Trauma Sensitive Febuary, 19, 2020 Bobak's Sig 6440 Double Eagle Dr., Woodr	nature Even	ts	ith Kristin	Souers	LEARN. TEACH. LEAD. AFFILIATE		
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Fostering Resilient Learners \$28.9	95(opt	ional)		Membership			
[]				2 or more attendees from the same school district/organization. Does not include membership. (Call for info on larger team discounts 618-203-3993)			
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Registration deadline is February 12, 2020. A \$15.00 fee will be charged for cancellations made in writing prior to the deadline. No refunds will be given							
after the deadline. Confirmation will be sent via e-mail after your registration is processed. Registrations can be transferred to another individual by faxing information to 309-438-5364 or by emailing dscowde@ilstu.edu				Online: Use your Visa, MasterCard, Discover, or American Express card at www.illinoisascd.org Call: 800-877-1478 or 309-438-2160, Mon Fri. 8:00 a.m 4:30 p.m. and use your Visa, MasterCard, Discover, or American Express. Mail: Send completed form with check or copy of			
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